

### Mervyn Morgan

The ITP Support Association

# The ITP Pocket Log App

# Developed by



#### Supported by



Available on IOS and Android

#### The ITP Pocket Log App 'Main Screen'



#### The ITP Pocket Log App 'My Symptoms' Screen



Search 1	0:49 Mon 22	Oct								<b>२</b> ७७% (
$\leftarrow$ $\mathbb{X}$				My	/ Symptor	ns				
БУМРТО	M TRACKER									+ SAV
	nter to rate your Syn ng: 1 is most favour				est describes yo	our WORST leve	el of each symp	tom during the	past 24 hours.	
Symptom	Date									22-10-201
Drag the po	inter to the one nur	mber that bes	t describes how	much difficult	y you have had	with each of th	e following syn	nptoms during	the past 24 ho	irs.
				4	5		7		9	
() Absent	1	2	3	4	5	6	7	8		10 orst imaginable
Symptom:	Large Multicolou	red Bruises								
0	1	2	3	4	5	6	7	8	9	10
Symptom:	Small Reddish B	ruises								
0	1	2	3	4	5	6	7	8	9	10
Symptom:	Rash Of Red Or F	Purple Spots								
0	1	2	3	4	5	6	7	8	9	10
Symptom:	Nosebleeds									
0	1	2	3	4	5	6	7	8	9	10
Symptom:	Mouth Blisters									
0	1	2	3	4	5	6	7	8	9	10
Symptom:	Fatigue/Tirednes	55								
0	1	2	3	4	5	6	7	8	9	10
Symptom:	Heavy Periods									
0	1	2	3	4	5	6	7	8	9	10
Symptom:	Other Bleeding									
0	1	2	3	4	5	6	7	8	9	10
Symptom:	Other Non Bleed	ling								

#### The ITP Pocket Log App 'My Test Results' Screen

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	MY TEST RESULTS	MY MEDICATIONS
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MY NOTES	MY CALENDAR	MY REPORTS
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Terms Of Use	SETTINES	Side Effect Reporting
Universidad by	CIS ONC17-C114 February 2018	in association with The ITP Support Association www.tpinoport.org.uk

Search 10:50 Mon 22 Oct	My Test Results	Sare
Date		22 Oct 2018
Platelets (10º/L)		Platelets (10 <sup>9</sup> /L)

#### The ITP Pocket Log App 'My Medications' Screen

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Search 10:50 Mon 22 Oct		🗢 🕂 77% 🔲 ·
$\leftarrow \nexists$	Add New Medications	SAVE
Drug Name		Drug Name
Generic Name		Generic Name
Prescribed By		
Formulation		
Date Started		22 Oct 2018
With Food		
Frequency		
Prescription Review/Renewal		22 Oct 2018
My Dosage		My Dosage

#### The ITP Pocket Log App 'My Notes' Screen



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$\leftarrow \stackrel{\scriptscriptstyle \sim}{\scriptscriptstyle \sim}$	My Notes	
To Do		>
Activities		>
Questions for Doctor/Nurse		>
Side Effects		>
Food and Drinks		>
Possible Triggers		>
All		>

#### The ITP Pocket Log App 'My Calendar' Screen

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Search 10:51 $\leftarrow \breve{\mathbb{M}}$			My Calendar			
ADD						+
Symp	otoms	Арр	ointment	м	edications	Notes All
<			October 2018			>
Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4
5	6	7	8	9		11

#### The ITP Pocket Log App 'My Reports' Screen

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$\leftarrow$ $\stackrel{_{\scriptstyle \sim}}{_{\scriptstyle \sim}}$	MY REPORTS	
	SELECT TYPE OF REPORT	
My Notes		
My Test Results		
My Medications		
	Select date range	
Start Date Date Picker		End Date Pick

#### The ITP Pocket Log App 'My Contacts' Screen



Search 10:51 Mon 22 Oct	🗢 🕫 77% 🔳
Doctors	>
Nurses	>
Pharmacy	>
Medical Insurance	>
Other Contacts	>

#### The ITP Pocket Log App 'More on ITP' Screen



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Now that you've been diagnosed		>
What is ITP?		>
What causes ITP?		>
How is ITP diagnosed?		>
How is ITP treated?		>
ITP in pregnancy		>
ITP in children		>
Dietary considerations		>
Lifestyle considerations		>
ITP Support Association		>
References		>

#### The ITP Pocket Log App Questions

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MY SYMPTOMS	MY TEST RESULTS	MY MEDICATIONS
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MY CONTACTS		MORE ON ITP
Terms Of Use	SETTINGS	Side Effect Reparting
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- 1) How many people have heard of the ITP Pocket Log mobile app?
- 2) How many of you have downloaded it?
- 3) Do you use it regularly?
  - a. Once a week?
  - b. Once a month?
  - c. Just before your next doctor's appointment?
- 4) Do you find it useful to help you track your symptoms?
- 5) Have you used the app to support a discussion with your doctor or nurse?
- 6) Have you had any treatment changes because you have discussed symptoms with your doctor?

7) Would you recommend the ITP Pocket Log app to your fellow patients who have not yet downloaded it?

## The ITP Pocket Log App

Available on IOS and Android Use the search term 'ITP Symptom Tracker'

Developed by



# Supported by

#### The ITP Pocket Log App Version 2

Do y sugg	ou have any f jestions on t	feedback and / or he ITP Pocket Log	ITP pocket log
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	The ITP Support Association www.tpsupport.orguk	October 2018; ONC18-E098	C NOVIN

Version 2 of the ITP Pocket Log is being developed with a target of launching in 2019

Are there any additional options you would like to see in Version 2 of the App?

In your packs there is a card, please complete with your questions and ideas and we will pass them on to the developers.

Thank you